

SH PLATE LOADED SERIES**SH012 - DECLINE PRESS****PRODUCT OVERVIEW**

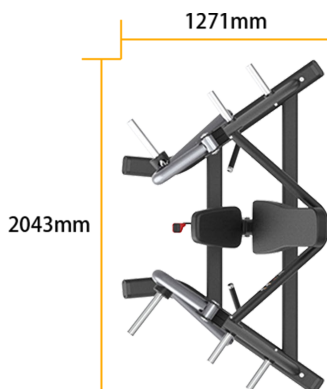
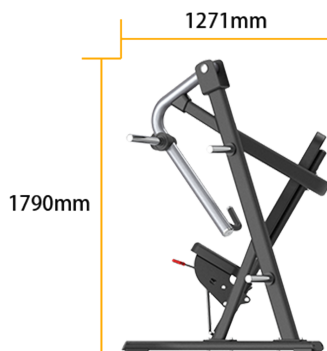
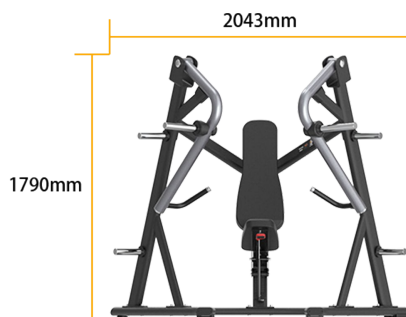
The SH012 is a premium plate-loaded strength machine designed for lower chest development. Featuring a modern aesthetic and reinforced structure, it is ideal for large commercial gyms and elite personal training environments. Its motion arm path is engineered to align with the lower pectoral muscle fibers and natural shoulder mechanics, providing a smooth and effective pressing experience.

Equipped with large-diameter rubber-coated handles tailored for pressing, the unit minimizes wrist strain while enhancing grip comfort and control. The ergonomically angled backrest offers firm scapular support, while the pneumatic infinite seat adjustment allows users of varying body types to fine-tune seat height for optimal posture. This ensures a natural match between the user's movement and the machine's motion path for maximum performance and safety.

SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	2043*1271*1790mm
Net Weigh:	150kg
Max Load Capacity:	300kg[2x150kg]
Main Frame Tubing:	PT60x120x2.5
Standard Color Scheme:	SH Series standard color scheme



Product Features



Stable and Durable Construction

Reinforced structural design and high-quality craftsmanship ensure lasting safety and stability under heavy use.



Large-Diameter Rubber-Coated Handles

Provide a comfortable grip, reduce wrist pressure, and improve movement control and safety during pressing exercises.



Ergonomic Backrest Design

Offers firm support for the scapula and torso, improving movement stability and muscle engagement.



Pneumatic Infinite Seat Adjustment

Allows quick and precise seat height customization for ideal posture alignment, adapting to a wide range of body types.